



## Cervical Spinal Injury 談頸椎受傷(英文)

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### Preface

Cervical spine is located in the area of neck and composed of seven cervical bones; it is an important pathway for conducting brain command; so if it is injured, it could incur fatality.

### Causes of Cervical Spinal Injury

- Traffic accidents
- Excise injuries such as diving
- Violated neck rotation
- Collision and falling accident

### Symptoms

- Neck pain
- Fragile and numb limbs
- Fragile upper limbs
- Stool and urine incontinence
- Severe conditions like dyspnes, shock, and even death

### Examinations

- X-rays
- CT scan
- MRI

### Treatment

- Medication is often prescribed for pain control.
- Patients are required to wear neck collar.
- If there is no spodylolisthesis or fractures, rehabilitation is highly recommended.

- If patients still suffer from severe symptoms like complicated herniated disc problem, fractures, or spondylolisthesis, they often required to undergo operation.

## Preventions

- Maintain accurate body postures
- Follow traffic regulations and fasten your seat belt when driving
- Avoid dangerous activities like wild car racing or diving
- For injured patients, adequate neck collar protection is mandatory during the healing process.

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若有任何疑問，請不吝與我們聯絡  
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